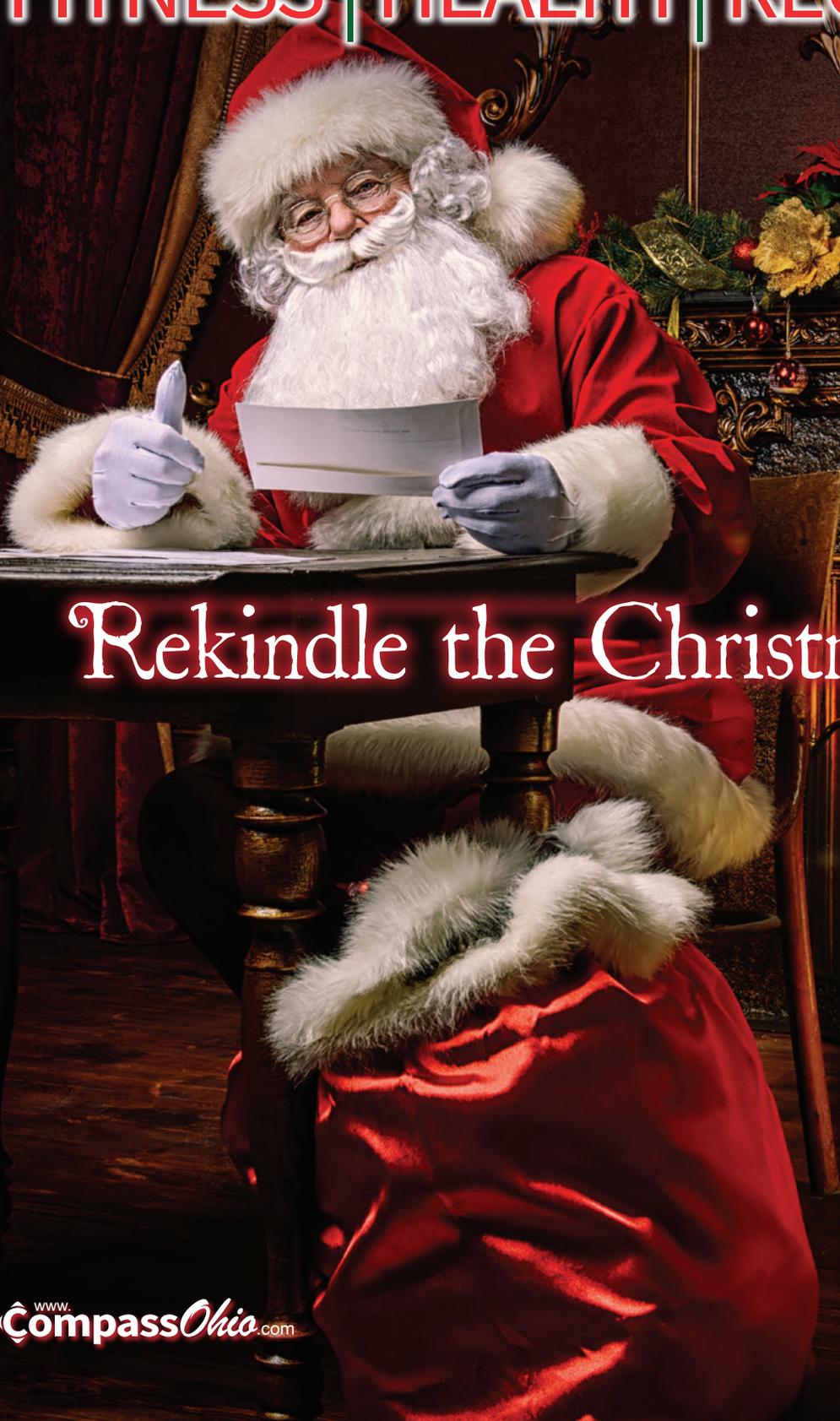


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Rekindle the Christmas Spirit

Stan Hywet's Deck the Hall
Tis the Season
Hocking Hills Winery

Happy Hunting!



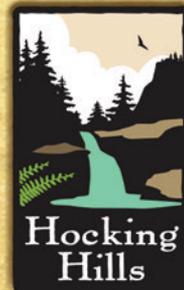
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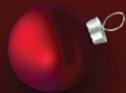


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Your 2022 Bucket List



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Stan Hywet's Deck the Hall: IT'S WORTHY OF THE SILVER SCREEN

By Donna Spiegler

At Christmastime there's no better place than Akron's Stan Hywet Hall & Gardens and its holiday event, Deck the Hall, from 5-8 pm, select nights November 26 – December 30. The estate is illuminated with more than one million holiday lights and the theme this year is Lights, Camera, Christmas!

An evening of Deck the Hall begins in the Courtyard, lit by the glow of a giant Christmas tree. Nearby, Santa and Rudolf the Red-Nosed Reindeer eagerly await all children and the young-at-heart, so they can share their Christmas wishes in Rudolph's Corral (Santa is separated from guests by plexiglass, part of Stan Hywet's Covid-19 protocols). Nearby are two fanciful animated shop windows — vintage Akron of the 1920s and a bakery with four bakers in perpetual motion.

Then a short walk brings guests to the historic Manor House. *Lights, Camera, Christmas!* features family favorites and classic Christmas movies in twenty-one rooms and

spaces in the house, with twenty-five trees decorated in a variety of colors and designs for a festive holiday atmosphere. Just like going to the movies, guests will start the Deck the Hall Manor House tour in a "movie theater lobby" — the Reception Room transformed and decorated with ticket stubs, candy and popcorn, followed by a red carpet walk in the Linenfold Hallway with walk-of-fame stars and film reels setting the scene as the next part of the tour.

Classic Christmas movies -- *A Charlie Brown Christmas*, *How the Grinch Stole Christmas*, *A Christmas Story* and *Rudolph the Red-Nosed Reindeer* -- will be interpreted throughout the Manor House, along with more recent films like *Elf*, and *The Nightmare Before Christmas*. *Harry Potter* movies inspire the decorations in The Great Hall, and include a floating candle display above the back door to the West Terrace, created by Akron Makerspace.

The display in the Music Room tells the story of *The Nutcracker*, featuring stage costumes from the Cleveland Ballet. Other talented local decorators and artists, including the local Lego Group, NEOLUG, are part of the team creating a Deck the Hall display in the Manor House worthy of the silver screen.





The gardens and grounds are decorated with more holiday lights, the perfect setting for a brisk winter stroll on the West Terrace or Birch Tree Allée. The *Dazzle* light show in the Great Garden features three holiday songs choreographed to holiday lights, retooled and refreshed with new electronic swirling snowflakes, and “pixel sticks” on the Dazzle tree. Playgarden, a favorite spot for families in warm weather, is all dressed up for the holidays and transformed into Gingerbread Land, an imaginative garden overflowing with lights, giant candy canes, gingerbread men and oversized ornaments.

with a valid ID qualify for the youth price. Groups interested in attending Deck the Hall may contact groupsales@stanhywet.org for information about discounts.

Molly’s Shop is brimming with unique holiday gift items for everyone. Popular items include Stan Hywet logo wear, and Stan Hywet’s series of books on the estate, including the just-released *The Manor House*, describing the major restoration projects completed since 2015.

Back at the Courtyard, the scent of freshly baked gingerbread wafting from The Gingerbread Hut is irresistible. A hot gingerbread cookie and cocoa; or beer, wine and a pretzel from the Salty Reindeer are a great way to end a perfect evening at Stan Hywet’s Deck the Hall.

Stan Hywet Hall & Gardens is located at 714 North Portage Path in Akron, Ohio. Deck the Hall takes place from 5-8 pm on November 26-28, December 2-5, 9-23, and 26-30. All tickets are pre-sale only at stanhywet.org. No tickets will be sold at Deck the Hall. Masks are required in all indoor spaces, and guests are expected to social distance outside on the grounds.

Tickets for Deck the Hall must be purchased prior to arrival at stanhywet.org. Prices are Monday through Thursday--adults \$18/youth (6-17) \$7; Friday through Sunday--adults \$22/youth (6-17) \$9. Children ages 5 and under are free. Students



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Choose a Trail for a Holiday Hike

Travelers from coast to coast are heading to the Hocking Hills for holiday fun and secluded cabin retreats. Mother Nature determined the appeal of this region millions of years before the first traveler arrived. The Hocking Hills was under the Atlantic Ocean 330 million years ago. Over millions of years the waters receded and erosion resulted in the iconic rock formations found today.

By Karen Raymore



The main attraction is the Hocking Hills State Park. Six non-contiguous parks form Ohio's most visited State Park. Old Man's Cave, named for the recluse who made the cave his home in the late 18th century, is the most popular of the parks.

Connected to Old Man's Cave via the Grandma Gatewood Trail is Cedar Falls and Ash Cave. The trail carries the name of the first woman to ever thru-hike all 2,168 miles of the Appalachian Trail. Emma "Grandma" Gatewood was also a founder of Ohio's Buckeye Trail. The Grandma Gatewood Trail is part of the original twenty miles of the Buckeye Trail. This section is six miles one-way.

Every January the park hosts the Hocking Hills Winter Hike. Thousands of hikers traverse the Grandma Gatewood Trail with a rest stop at Cedar Falls for the local Kiwanis Club's legendary bean soup and corn muffins before continuing to Ash Cave and the busses that carry hikers back to their cars. The scenic splendor of winter in the Hocking Hills is ample reward for braving the chilly weather.

Cedar Falls got its name from early settlers who mistook hemlock trees for cedar trees. Cedar Falls is the most active waterfall in the Hocking Hills flowing nearly fifty feet to the bottom of the ravine. Ash Cave is the largest recessed cave east of the Mississippi. The 700-foot horseshoe shaped cave features a seasonal waterfall dropping nearly 100 feet from the rim of the cave. Some winters the waterfall will freeze to the ice formation below for a rare photo opportunity.

Two very different trails attract hikers to Conkle's Hollow, the Park's only State Nature Preserve. Most of the gorge trail is paved and wheelchair accessible. The trail leads into the gorge of the hollow and its dramatic rock formations with a waterfall at the end of the trail. Conkle's Hollow rim trail is a much more strenuous hike and the view from the rim makes every step worth it.

Rock House is the only cavernous cave of all the parks. The other sandstone caves are open at the top. The light play on the walls of Rock House makes the park a favorite with photographers. According to local legend, this cave was a popular hideout for outlaws and bootleggers.

Cantwell Cliffs trails are the most rugged and remote. Cantwell Cliffs offers hikers the best of two worlds. The high rim trails offer far-reaching vistas of breathtaking beauty, while the valley trail makes the visitor feel diminutive when walking at the base of the cliffs.

There's a lot more than hiking to entice travelers to the Hocking Hills. The neighboring Hocking State Forest has 40 miles of bridle trails, and several private stables offer guided rides in and beyond state forest lands. The natural rock formations are perfect for rock climbing and rappelling. Lake Logan and Rose Lake give anglers a picturesque spot to drop a line for the catch of the day.

It's no surprise the bucolic landscape provides inspiration for a vibrant art community. Shops and galleries feature one-of-a-kind works created by local artisans. Locally-owned eateries offer the best of authentic comfort cuisine. Wineries, breweries and distilleries serve up libations with live entertainment on the side.

Join the Hocking Hills Treasure Hunt from November 1 to December 12. Collect six stamps from participating shops and be entered to win one of more than twenty-five prizes including a grand prize of a Hocking Hills getaway including a two-night stay in a cabin, zipline tours, canoe tours and dinner for four.

Let yourself be transported to a simpler time when the Logan Christmas Parade arrives on Main Street the first Saturday of December. Local businesses, schools, clubs and more bring holiday spirit to the historic downtown of the Hocking Hills' hometown.

Indulge in authentic comfort food during the Annual Comfort Food Cruise in January. The self-guided cruise takes foodies to local restaurants each featuring a serving of a signature comfort food.

After a full day of outdoor adventures, it's time to relax. More than one thousand vacation rentals pepper the hills. Cozy cabins tucked in the woods make for an ideal romantic hideaway. Have a holiday gathering of the whole family in a luxury lodge with all the comforts of home combined with plenty of space to spread out.



Nature's lullaby of sounds will send you off to sweet dreams of your next day exploring all the Hocking Hills has to offer. Begin your holiday adventure at [ExploreHockingHills.com](https://www.explorehockinghills.com).



Holiday Happenings in Columbus

By Taylor Meredith



As the end of the year grows near, the light you see at the end of the tunnel is made by brightly shining holiday lights! After last year's significantly altered holiday season, make this year extra special and get in the holiday spirit in Columbus. Ohio's capital is a delightful place to visit during the holidays, offering millions of lights sparkling through the city as well as plenty of shopping opportunities to take care of gifts for your whole list.

Light Up the Night -- The city's top attractions feature glowing light displays across the city that brighten the skies nightly throughout the holiday season. Central Ohio's favorite family holiday tradition, Wildlights! at the Columbus Zoo and Aquarium began with just a few strands of lights and a few trays of cookies, and the show has grown to millions of LED lights, animated musical light shows, Santa, reindeer and other holiday festivities, offering a whole new way to experience Jack Hanna's home zoo.

The annual Conservatory Aglow at Franklin Park Conservatory and Botanical Gardens will illuminate winter nights with thousands of lights that twinkle and glow in stunning displays. Accompanying the lights are familiar holiday favorites such as the rainbow tunnel,

ornament trees, gingerbread competition and more.

Don't forget to explore the light displays and holiday scenes that pepper downtown on a guided tour, either from the comfort of a Columbus City Adventures van or on a special SegAway tour. See how holiday displays come to life on the Scioto Mile, Columbus Commons and various businesses throughout the city.

Shop 'til You Drop -- Whether its big-name brands or boutique experiences you seek, Columbus has you covered. With more than 240 best-in-class businesses that call it home, Easton is one of the city's premier shopping, dining and entertainment destinations. Easton's unique village-like setting offers a broad assortment of big-name retailers like Apple, Nordstrom and American Girl that are a fashion virtuoso's dream. COVID-19 hasn't slowed this lifestyle center down, adding 16 new acres, including the state's first RH Gallery, over the past two years. It's easy to see why Chain Store Age Magazine named Easton the best retail experience center in the country in both 2019 and 2020. Take a holiday carriage ride and stop by to see Santa while you're on site as well.



USA Today named High Street in the Short North Arts District among “10 great American shopping streets” stating, “There’s nothing else like it in the United States.” Filled with one-of-a-kind shops, from homegrown stores that have gained national recognition – like Homage – to specialty outlets favored by locals, there’s something for everyone in the Short North. The neighborhood’s monthly Gallery Hop, the first Saturday of each month, turns into a Holiday Hop in December with extended hours and specials to help make headway on holiday gift lists.

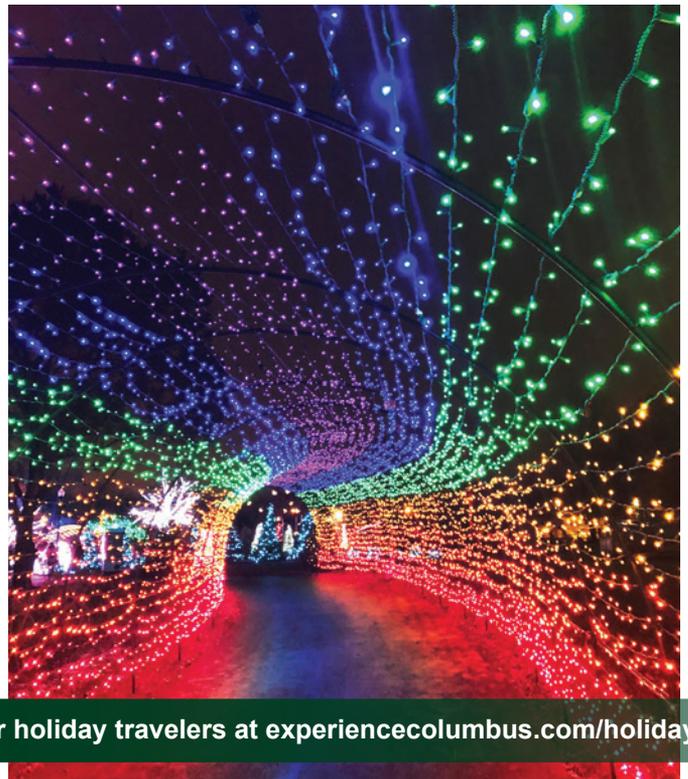
Known as one of the most atmospheric neighborhoods in the country, the already-idyllic German Village is even more charming at the holidays. Paper lanterns and strings of lights line the streets and lead the way to a variety of shops, including one of the nation’s largest independent bookstores – The Book Loft – with 32 rooms of books for every reader on your list. Pair this with a visit to their annual Village Lights event for an extra special experience.

Additional outlying neighborhoods offer a plethora of additional options for everyone on your list. Don’t miss the thrift stores in Grandview, antique shops in Clintonville or ample minority-owned businesses in Olde Towne East.

Plus, the holiday season comes with a plethora of maker’s markets, including the Columbus College of Art & Design’s Art Fair & Marketplace, Not Your Mama’s Craft Market, Craftin’ Outlaws and 400 West Rich’s Festivus shopping extravaganza to gather some truly one-of-a-kind gifts.

There’s so much to do, you’ll need more than a day trip to fit everything in. When you book a two night stay directly at experiencecolumbus.com, you’re guaranteed the lowest price available and will receive added benefits like Lyft credit or attraction passes.

When shopping or staying in Columbus, know that you can feel safe doing so thanks to the Live Forward Pledge taken by hundreds of businesses in the community. Look for the orange window decal on your visit for a visual representation of which businesses have put the health and safety of their patrons at the forefront of reopening amidst the coronavirus pandemic and learn more at experiencecolumbus.com/liveforwardpledge.



See all that Columbus has to offer eager holiday travelers at experiencecolumbus.com/holidays.



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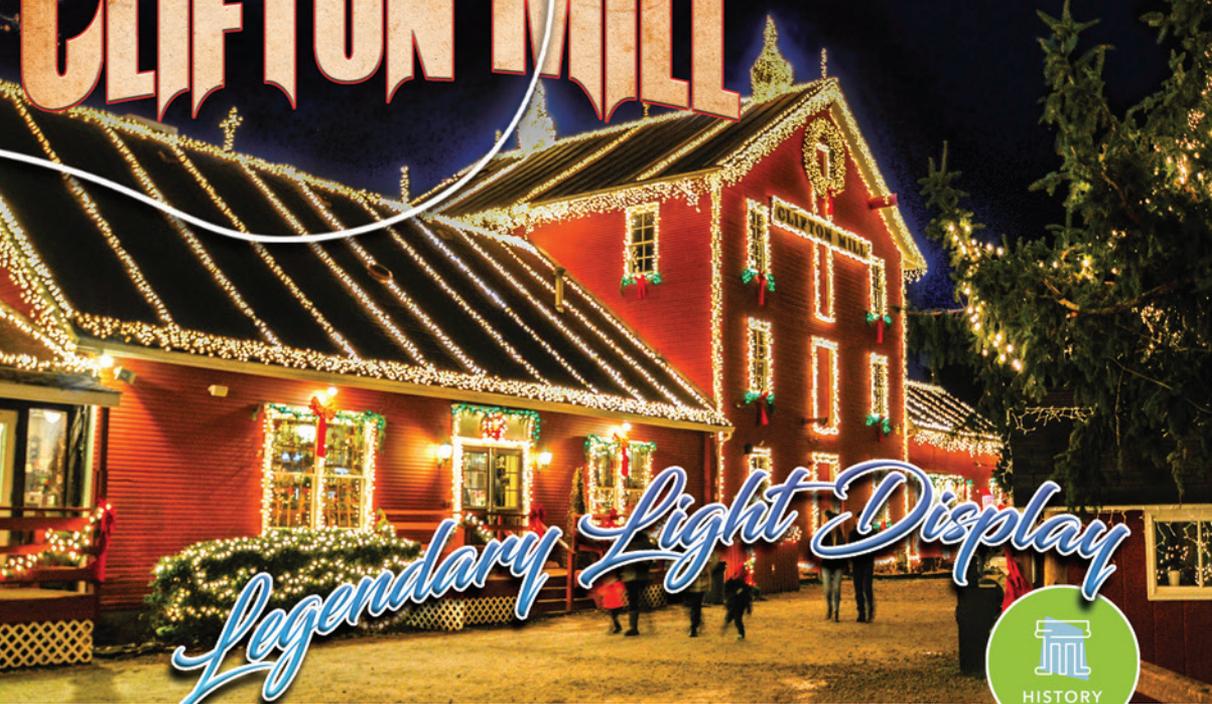
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Historic Clifton Mill's – Legendary Christmas Light display will definitely get you in the holiday spirit. The display runs from November 27th through December 30th. Four million lights decorate the mill, gorge, water falls and the grounds.

The Village of Yellow Springs – Offers the shopper a unique and unexpected experience with over 50 specialty shops, boutiques, and galleries. Finding that one-of-a kind special gift for that special someone on your list is easy in Yellow Springs.

Mills Park Hotel – is newly constructed Victorian style hotel with 28 rooms located in the heart of Yellow Springs. The gorgeous historic design and luxurious feel gives you the best of over-night stays. The hotel is decorated with window wreaths and lights on the outside and a huge Victorian decorated Christmas tree in the lobby.

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CASE FARMS CHICKEN

A Family-Oriented Company



By C. Michael Harrer

Case Farms was founded by Thomas R. Shelton in December 1986. With over 23 years of management experience in the poultry industry, Shelton realized the goal of owning his own company by purchasing a small, family-owned poultry operation in Ohio, Case Egg & Poultry. It included a processing plant in Winesburg, Ohio; a hatchery in Strasburg, Ohio; and a food distribution facility in Akron, Ohio. In its first year of operation, Case Farms processed 135,000 chickens per week, had 140 team members, and produced 22 million pounds of poultry products.

Case Farms is a fully integrated poultry farming and processing group of individuals that work together to produce consistent, quality poultry products and to deliver superior service to every customer, every time. Case Farms currently processes 3.3 million birds per week, has over 3,200 dedicated team members, and produces in excess of 1 billion pounds of fresh, partially cooked, and frozen-for-export poultry products per year. The company has operations or offices in Ohio and North Carolina. These facilities are required to maintain Occupational Safety and Health Administration (OSHA) safety metrics.

Case Farms has received numerous awards from the Poultry Industry Safety Council in both North Carolina and Ohio. They have a team-work mentality and respect the values of their team members, their families and friends, as well as the communities that surround them and their facilities. Since its inception, Case Farms has supported organizations large and small that focus on healthcare, education, child care, safety, community development, medical research or another worthy cause.

At Case Farms, employees are their most important asset, and their safety is of paramount importance. Providing a work environment that ensures employee safety and health is a top priority. This commitment to safety is shared by all employees and is rooted in the belief that safety can be managed and incidents can be eliminated. They are

committed to using resources that allow their partner family farmers to make a living, while providing products that offer quality nourishment at an affordable price.

Dedication to employees and their families is reflected in the annual family fun day at Clay's Park in Canal Fulton, Ohio. The day encompasses inflatables and games for the children, games and events for the adults and, of course, plenty of food. Case Farms believes that this annual fun day strengthens employer-employee relations by showing their commitment to family.

Case Farms believes it is the responsibility of each team member to commit to product safety and to maintain a workplace where product safety is a top priority. As such, they utilize a Safety Management System that includes commitment and accountability, policies and procedures, and employee education and training.

They strive for continuous improvement in the pursuit of an outstanding safety culture and believe it is every employee's responsibility to promote a safe and healthy work environment. Case Farms is concerned about preserving the earth's precious resources while producing wholesome, quality, safe and affordable protein for a growing global population.

As a multi-state and vertically-integrated business, Case Farms has employment opportunities that span a broad range. They choose their associates not just as employees in the business, but as members of the team. Team members are provided an outstanding package of benefits, competitive compensation and an opportunity to achieve career success.

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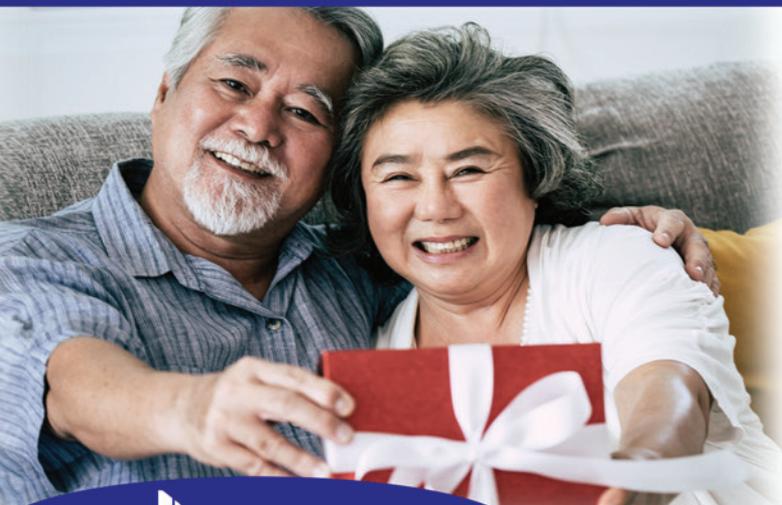
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Christmas in Frankenmuth

By Lydia Wilder

Frankenmuth, Michigan, located right off I-75 (Exit 136) just 90 miles north of Detroit, is known to many as Michigan's Little Bavaria. It's home to intricate German architecture, boutique lined streets, jingling horse drawn carriages, family-style chicken dinners, and the World's largest Christmas store. While the city is home to just 5,000 residents, it welcomes nearly a million visitors a year. As a four-season destination, Frankenmuth welcomes visitors from around the world all year long. There is something special about every season in Michigan's Little Bavaria, but the time of year that shines brightest is Christmastime.



The Holiday season is called "The Most Wonderful Time of the Year" for a reason. It's a time where there's a little extra cheer in the air. Where lights shine bright, joy is shared, and the guy in the big red suit makes his annual appearance. While it is all these things, it's also the time of the year where Frankenmuth turns into something truly magical.

When the lights come on every evening at dusk, beginning in mid-November, the Christmas magic in Frankenmuth shines bright. From the north and south end of Main Street and every direction in between, you will find over 150 trees wrapped in the warm glow of white lights. Around every corner you will be delighted with colorful light displays of favorite Christmas characters, buildings beautifully adorned with decorations, and a spectacular 40-foot Christmas tree standing at the center of town. The one-of-a-kind tree, lit with 23,000 synchronized lights, fills the street with the sweet sound of Christmas multiple times per day as it comes to life with a 7-minute long light and music show.

The magic of Christmas is more than just a visual experience in Frankenmuth; there's countless holiday activities to take part in with the family. From the minute you cruise under the illuminated Palmer Frankenmuth Gateway Arch, traveling in from the south, Bronner's CHRISTmas Wonderland greets you with glee. A stop here is a must if you want to fully experience all of the Frankenmuth Christmas magic. Stretched over 5 acres, with a showroom the size of 1.7 football fields, Bronner's has every Christmas trimming imaginable. The number of different trims and gifts on the Bronner's showroom floor surpasses 50,000, with many more available in their online store.

Before leaving Bronner's, be sure to visit the Silent Night Memorial Chapel, an ornate 56-foot tall, exact replica of the chapel in Oberndorf, Austria where the hymn "Silent Night" was first sung in 1818. The chapel is open daily and is free to the public. Another must-do while visiting Bronner's is a trip down Christmas Lane when the sun goes down. This brightly lit and beautifully decorated road located right in Bronner's parking lot comes to life every night at dusk.

At Grandpa Tiny's Farm, just across the street from Bronner's, another magical Christmas experience can be found. This historical working farm is home to two special holiday helpers, Blue and Sivia. They may not have red noses or be able to pull a sleigh, but these reindeer sure make the season bright. Visit them through December at the farm's special weekend Christmas experience, or all year long during regular farm fun days.



Founded in 1845, Frankenmuth was a community built from agriculture, and that rich history continues. From farming, to milling, to serving farm-to-table meals. The first farm-to-table meal was served in Frankenmuth in 1934, accomplishing the goal of sourcing fresh food from local farms and growers to the community. That tradition lives on in the food served at Bavarian Inn Restaurant and Zehnder's of Frankenmuth.



Recognized as two of the largest independently owned restaurants in the country, these establishments continue to serve locally grown, farm fresh food to visitors from around the world. Each year more than 250,000 pounds of locally grown squash are served between both restaurants. The squash is a holiday season fan favorite, often served as a side dish to their world-famous family-style chicken dinners. Nearly two million of these Frankenmuth staples are served between the two restaurants each year, making it a must for any trip to Michigan's Little Bavaria.

During the Holiday season, the Frankenmuth Farmers Market transforms from a weekly market of locally grown products to a traditional German ChristKindlMarkt. This outdoor market, open on select weekends from late November through December, showcases the best of the best of locally made trinkets, gifts, baked goods, and so much more! A visit to the market will help cross a few people off of your shopping list, but the Christmas shopping only begins here. All throughout Frankenmuth, you will find locally owned and operated boutiques and specialty shops. A stroll through Frankenmuth River Place Shops or along Main Street is sure to complete your search for the perfect gift.

On Main Street, you may notice something a little different this year. The Frankenmuth Ice Rink, located in Zehnder Park, is the newest addition to the winter season. Conveniently placed in the heart of downtown, a stop by the rink is the perfect shopping break. Open all week long, with skate rentals available, this winter attraction is sure to add some fun to the itinerary.

With so much Christmas packed into the two-square-miles of Frankenmuth, it's easy to see why Country Living Magazine gave it the title of one of the *Best Christmas Towns in America*.

The sights, experiences, and tastes of Christmastime in Michigan's Little Bavaria provide something fun for everyone, and the magical moments experienced here are sure to create lasting memories.

Photos courtesy of Frankenmuth Convention & Visitors Bureau



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MORE THAN JUST Abs

By Emily Kobel, BA

We all know our core is important to strengthen because a strong core makes us look good. But strengthening our core is so much more than just looking good. Our core consists of a lot of muscles, I refer to it as the shoulder girdle to the hip girdle. Our core is responsible for balance, posture, stabilizing the pelvis, protecting the spine, breathing, and force transfer during movements. That is a lot to take in.

We know the core muscles do a lot for us every day. Now we need to focus on what we need to do to strengthen these muscles. Most of us do some kind of core exercises in workouts and training, but do you try to engage your core in every exercise you do? Because our core is responsible for things that we don't consciously think about, such as posture and breathing, that means we are using it during every exercise.

To work on engaging your core, exhale and suck in your belly, at the same time tightening your muscles. Try holding this, keeping your stomach flat rather than sucking it all the way in. You can add a shoe string or any type of string by wrapping it around your belly just so that it is against you while at rest. When you suck in, engaging your core, the string should become loose. You also want to focus on keeping your spine still; all of the movement should be coming from the abdomen.

Another way to work on engaging your core muscles is to practice diaphragmatic breathing, or belly breathing. Your stomach should push outwards as you breathe in and then collapse inwards as you breathe out. You can also practice pelvic tilts on the floor. Lay on your back, flatten your spine against the ground and visualize pulling your belly button to the ground.

These are some great ways to practice engaging your core during other movements. It will not be easy at first, you will have to practice over and over again. However, once you begin to feel the contraction, you can start engaging your core throughout your entire workout. If you have any questions about how to engage your core, talk with a trainer.

BIG CITY ENTERTAINMENT

in a small town

By Christine Temple, VisitErie

Erie, Pennsylvania's fourth largest city, is situated on Presque Isle Bay, one the world's best-protected harbors, surrounded by a seven-mile peninsula opening up to the waters of Lake Erie. As a Great Lakes City, Erie boasts the state's only seashore and features a wealth of natural beauty and fascinating historical tales. Erie offers cultural and entertainment options you would find in a big city, but with the friendliness and leisurely appeal of a small town. For complete tourism information, check out www.VisitErie.com or download the free 'Hello Erie' trip planner app.

Presque Isle Lights: Dates are to be determined at this time. Highlighting Presque Isle's natural beauty. Erie's largest outdoor playground comes alive for the holidays! Presque Isle Lights welcomes visitors to experience a self-guided evening driving tour of seasonal lights throughout Presque Isle State Park from the comfort and safety of their vehicles. Visitors will follow the park's full 13-mile loop road encountering along the way a variety of lights and displays coupled with the natural beauty offered by Presque Isle after dark.

Asbury Woods Winter Wonderland: Dates are to be determined at this time. Holiday lights will twinkle in the woods and wetlands along the boardwalk which covers 1/3 of a mile. Access to the lighted boardwalk will be free and open to the public as a special way to thank the community for continuing to visit Asbury Woods, attend our programs and make donations as we have weathered the pandemic and shifted our ways of operating.

Erie Station Dinner Theatre – Christmas Memories: December 1 – 19, 2021; the 31st Annual Holiday Musical. Start your holiday season off right with this heart-warming musical in which the true meaning of Christmas is always celebrated. Join the Holiday Harmony Singers in the All New 31st Annual holiday show. It's sure to get even "Scrooge" in the holiday spirit! This upbeat holiday musical always reflects on family and the true meaning of Christmas. The Erie Station Dinner Theatre is the place to be during the holidays with an ALL NEW family holiday musical. Plus, our Traditional Finale, "Let There Be Peace on Earth."

Erie Playhouse – Irving Berlin's White Christmas: Friday to Sunday, December 3 - 12, 2021. Based on the 1954 movie starring Bing Crosby, Danny Kaye,

Rosemary Clooney and Vera-Ellen, Irving Berlin's *White Christmas* tells the story of a song-and-dance team putting on a show in a magical Vermont inn and falling for a stunning sister act in the process. Full of dancing, laughter and some of the greatest songs ever written including "Happy Holiday," "Sisters," "The Best Things Happen While You're Dancing," "Snow" and the unforgettable title song. Irving Berlin's *White Christmas* promises to be a merry and bright musical for the whole family.

Downtown D'Lights: Friday, December 21, 2021, 6 - 9 pm; Downtown Perry Square. Come downtown and enjoy the holidays in downtown Erie as we light up Perry Square Park and welcome Mr. and Mrs. Santa Claus to the stage in Perry Square Park. There will be hot chocolate, music and horse-drawn carriage rides throughout the night at the park.

Festival of Trees: Friday through Sunday, November 26 - 28, 2021; Bayfront Convention Center. Allegheny Health Network (AHN) Saint Vincent Hospital is excited to announce the return of the 2021 Festival of Trees. Featuring a gallery of uniquely decorated trees, local entertainment, live reindeer from 12 noon - 5 pm each day, holiday displays and rooms from Santa's castle. Returning to the event is a teddy bear clinic where children can have a bear examined by Saint Vincent Hospital's team of teddy bear specialists. Bring a bear of your own or take home one of ours with a \$10 donation. Event Hours: Friday, 9 am – 8 pm; Saturday, 9am - 8pm; and Sunday, 9 am – 5 pm. Admission is \$10 Adults, \$6 Children (12 and under).





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Oglebay Festival of Lights

By Lindsey Scripture



The king of all Christmas light shows returns to Oglebay in Wheeling, West Virginia on November 4 where the annual Festival of Lights will illuminate the historic park through January 9.

Beginning in 1985, this must-see yuletide festival has grown into one of the nation's largest holiday light shows, attracting more than one million visitors annually to witness 90 larger-than-life displays along a dazzling, six-mile drive through Oglebay Park.

Each year, countless visitors flock to this popular holiday attraction, but for Cheryl and Dick Jones, it's a holiday ritual. For more than two decades, their family has traveled from Columbus, Ohio, to see the spectacle and to participate in their family's long-standing holiday tradition.

"It's a truly magical attraction," said Cheryl. "And we're fortunate enough to have Oglebay Park in our own backyard. Every year there's something new to experience."

The 2021 Festival of Lights season promises to be even more magical with the addition of a new theme—*Sounds of the Season*—which will showcase multi-sensory displays featuring twinkling lights paired with audio effects and popular holiday carols.

Oglebay's iconic Mansion Museum will also serve as a popular holiday destination during the 2021 holiday

season. By day, guests can tour this historic museum, which was the summer home of Cleveland industrialist Earl W. Oglebay in the 1900s, to explore 13 period rooms lavishly appointed with holiday décor. By night, this famous landmark will come alive with a stunning, animated light show choreographed to toe-tapping holiday hits.

For kids, and kids at heart, Oglebay's Good Zoo offers guests the opportunity to snap a photo with the big guy himself at the *Santa's Workshop* attraction, and a nightly *Wish for Snow* experience allows guests to relive the magic of the first snow every night of the week on the zoo's outdoor patio.

Those in search of the perfect holiday gift will enjoy shopping Oglebay's six unique retail shops including the recently-renovated Carriage House gift shop which has expanded from glassware and now includes Wheeling Artisan Center products and unique Fiesta Tableware items, many of which are not found in other stores.

To ensure the Festival of Lights continues to shine brightly for years to come, a donation of \$25 per vehicle is requested. With each \$25 donation guests will receive an exclusive rewards book containing more than \$500 in money-saving Oglebay coupons and a 2021 Festival of Lights season pass valid all season long.



For those wishing to get away, Oglebay offers a variety of accommodations from private cabins to guest rooms in the iconic Wilson Lodge. While at Oglebay, guests can dine in four delicious restaurants, enjoy family activities like gingerbread house building, and take in live entertainment, just to name a few. And after a full day of holiday merriment, guests can unwind with a variety of world-class massage services at Oglebay's West Spa.

"There's no better place to celebrate the holidays than at Oglebay," said Cheryl. "It's an annual tradition my family will cherish forever."

For information about the Winter Festival of Lights, visit www.oglebay.com/lights.

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The Dead Sea is located at the border of Israel and Jordan. It contains some therapeutic wonders; breathtaking crystalline salt shores, dense mineral-rich mud and brilliant clear blue waters. This unique composition of natural minerals is produced from the dissolving surface salt of the lake. The compound is then refined by the sun, resulting in a mineral-rich product and one of the richest sources of naturally occurring minerals in the world. Although the climate is dry, massive evaporation by the sun creates a constant mist, filtering UV and other harmful radiation from the water.

Seacret knows these waters better than anyone. They have been researching and harnessing the power of the Dead Sea for over a decade, resulting in unique processes to harvest the minerals, mud, and nutrients, and bottle the benefits. Benefits that deliver remarkable results for your skin and body. Health and beauty from the outside in; radiance, rejuvenation, refreshment, restoration, relief and recovery.

The benefits of the Dead Sea have been an essential part of the Ben Shabat family's wellbeing for generations. When the Shabats came to the United States, they opened a premium skin care retail business which successfully grew to over 900 locations. They discovered social marketing in 2011 as a better way to distribute their products and launched Seacret Direct.

In 2017 Seacret entered the realm of health and nutrition products

offering "Life by Seacret" plant based and organic items. These products are committed to healthy, high quality, clean ingredients and the highest standards of product manufacturing. Ultimately, sales of Seacret products expanded to independent agents specializing in service, integrity and positivity.

Seacret offers products for body care, facial care, age defying, hair care and nutrition, as well as a men's line of items. The Ocean Mist Salt & Oil Scrub, enriched with dead sea minerals, gently exfoliates dry skin stimulating cell renewal. A refreshing blend of grape seed and borage seed oils moisturize for a healthy, rejuvenated glow. Body Butter is an ultra-rich, intensive blend of herbal extracts which give this velvety, ocean mist scented cream a soothing, nourishing touch.

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Tis the Season

By Andrea Troyer

Christmas... The most wonderful time of year! A time to gather with family and friends that we haven't seen in a while and create memories to last a lifetime. Decorating the tree with those special ornaments that we keep from year to year and a few that go from generation to generation. We light up our homes and decorate for the season. We want just the right gift for each person on our list. A visit to Ohio's largest Christmas shoppe, Tis the Season, is just the place to get you started.

The main part of decorating for Christmas is always the tree. With everyone being busy with jobs and family, even the family tree has gotten much easier. "There are still families who make the trip to the tree farms

which I think is a wonderful tradition, but like me, many people just don't have time," says owner, Jo Ann Hershberger. Today artificial trees, also known as permanent trees, are quick and easy.

Trees are more lifelike and many come pre-lit which saves a lot of time. Tis the Season stocks 400 trees in a variety of sizes from 2' to 10'. Trees are available pre-lit or without lights so customers can choose which is best for them. "You can always add specialty lights to your pre-lit tree if you want a different look; we stock over 75 varieties of lights." Specialty lights are available in many themes including owls, flicker flame lanterns, farm animals, bass fish, cabin, cherry blossom LED,

cardinal, stars, snowflakes, icicles, bubble lights and Edison bulbs, and there is also an entire selection of colored lights.

Now that the tree is set, the children and grandchildren who have waited so patiently can hang their favorite ornaments. Many homes now have three or more trees set up so one of them can be just for the kids. All of those wonderful ornaments that they have created for school projects can be hung with the paper garland and it makes each child feel special. But Mom's favorite tree may be a vintage tree set up somewhere else in the house. If Dad is a hunter, he may have his special tree in an office or den decorated with shotgun shell lights and camouflage ornaments.

3 Floors of Christmas Wonderland!



“Each year we have people asking for special ornaments and we try to find them all.” There’s Baby’s First Christmas, Our First Christmas Together or New Home ornaments that are very popular. Personalized ornaments have become one of the top selling items at Tis the Season Christmas Shop. People want something that has meaning to it, something that makes gift giving special. We are selling a lot of Military ornaments, but also specialties such as pastors, teachers, firefighters, police, mail carriers and coaches, as well as a wide variety of sports and family ornaments. Tis the Season stocks hundreds of these specialty personalizing ornaments and has increased the stock for 2021. There is someone available to personalize the ornaments with your loved ones’ names and dates.

We also have themes for decorating such as hunting, fishing, and camping; how about a nutcracker tree or a snowman tree, western, musical instruments, spun glass and brass are also available in themes. Approximately 75 trees are on display on the three floors and each tree is decorated differently. Thousands of lights bring cheer to everyone who enters as they shop and sometimes sing and dance to the music. The top floor has eight themed rooms, including Santa, farm, candy and gingerbread, snowmen and more.

The lower level shows off the tree lot where customers can walk through a forest of trees deciding which one is just the right one for their family. A large variety of nativities, Old World ornaments, Christopher Radko, as well as outdoor lighting, stockings and tree skirts finish out this level.

That leaves everything else on the main floor; golds, silvers, traditional, vintage, glass, personalizing, sports, birds and of course the “Alleluia Chapel.” The chapel is where you will find all the angels and ornaments with scripture. Local artist Patsy McGrath has hand painted flowers on her ornaments. People traveling to the area love these locally-made ornaments.

Tis the Season has just about everything you need to create a memorable Christmas for your family. There is a lot of gift-giving ideas as well. Choose from a number of collectables including Jim Shore, Foundation Angels, Byers Choice, Possible Dreams, Charming Tails and Fontanini. Music boxes and candles throughout the store also make wonderful gifts.

Tis the Season is located 1 mile east of Berlin on State Route 39 at Schrock’s Heritage Village. Schrock’s also has a number of other shops including Plaid Sheep, Streb’s General Store, Berlin Craft & Antique Malls. as well as Berlin Pets and Berlin Leather. You can also grab a delicious lunch or dinner at Olde World Bistro located at Schrock’s Village. Check the website www.SchrocksVillage.com or call 330-893-3604 for more information.

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Why Organic?

By Hannah Alderfer, BA, CPT, FMSC

It's a struggle to eat a healthy diet today. More than some people even recognize. I think we can all agree on the fact that fast food, sweets, and junk food are not good for our bodies; we need more vegetables, fruits, good sources of protein, and healthy fats in our diet and less of the empty, fattening, disease-causing calories. But when someone asks me why it's important to choose to eat organic food over conventional (or non-organic) food, they might hear more than they bargained for.

Eating an organic diet is increasing in popularity, but many people may not realize why choosing organic is critical to creating a healthier lifestyle. There are many reasons to choose organic foods, but one reason in particular is to avoid Genetically Modified Organisms, also known as GMOs, which is a term you may have heard within the trendy "health food" realm. It is recognized that a GMO "is the result of a laboratory process where genes from the DNA of one species are extracted and artificially forced into the genes of an unrelated plant or animal. The foreign genes may be from bacteria, viruses, insects, animals, or even humans."

All United States Department of Agriculture (USDA) certified organic food never contains GMOs. However, if you pick up a box of cereal, for example, that has the non-GMO label but does not have the USDA certified organic seal, it is not guaranteed to be organic. Just because it says non-GMO does not mean that it's organic. I think this confuses a lot of people. So why is this important you may ask?

One reason is that, "Organic regulations prohibit certain toxic pesticides from being used on crops, though non-GMO only may still have been grown with pesticides." That statement in itself might not sway you to choose certified organic foods, but it should. According to the National Institutes of Health, pesticide exposure has been linked to diseases such as asthma, autism, learning disabilities, birth defects, reproductive dysfunction,

autoimmune diseases, diabetes, Parkinson's disease, Alzheimer's disease, and several kinds of cancer.

To clarify where we are getting the majority of our pesticide exposure, the Environmental Health Perspectives journal records that exposure to organophosphate pesticide was predominately through eating non-organic food, even if it's non-GMO. Those who eat more organic food not only have less exposure to pesticides, therefore reducing their risk of certain diseases, but they also avoid the risks that come with ingesting GMOs.

Certified organic foods do not allow any GMOs, but why is that? Let's find out. GMOs may seem fascinating when genetic modification includes scientific advances such as cloning, chemical and insect resistant plants, and hypoallergenic pets, but there are more than a few concerns. First introduced in the mid-1990s, GMOs have become routine in numerous crops that are used in many of the foods Americans buy, especially processed foods. Genetically modified crops found in the US include corn, soy, cotton, canola, and sugar beets. These crops are made into products such as oils, soy protein, soy lecithin, cornstarch, corn syrup, and high fructose corn syrup, just to name a few.

Take a moment and grab a few packages from your kitchen pantry. See any of those ingredients listed on the nutrition label? You're eating GMOs. That may not cause you too much anxiety, but what is startling is that many countries, including all of Europe, have banned products made with GMOs, and for good reason. According to the Institute for Responsible Technology (IRT), the most comprehensive source for GMO health information on the Internet, "Crops that are GMOs are created with herbicide tolerance, so farmers can spray directly on the crops without killing them. GMOs increase the use of herbicides because they are tolerant so that the crops survive while the weeds die off."



In addition, Monsanto, the world's largest producer of GMO seeds and creator of the herbicide Roundup, sells Roundup Ready crops that withstand applications of Roundup. Because weeds are becoming tolerant of the Roundup as well, more and more is being used on crops and now crops contain higher residues of these toxic chemicals. The realization that we're ingesting higher and higher amounts of these toxic chemicals without knowing their effects on our health and the environment over time is alarming.

Chemicals aside, unfortunately we still don't fully know the long-term effects of consuming GMOs on our personal health or their effect on the environment. Several governmental studies conducted across the world—including the governments of France, New Zealand, Argentina, Austria, and Italy—are linking GMOs to various health issues.

Since 1996, when GMOs were introduced, the following health issues have been on the rise: chronic diseases, food allergies, autism, reproductive disorders, and digestive problems. This interesting correlation has not been confirmed, but it is obvious that these health issues are more and more prominent, especially in the US. And considering that GMOs are highly prevalent in processed foods and that the American diet, in general, consists of mostly processed foods, it's easy to see that there could be a link.

The IRT reports that, "Genetically modified foods have been linked to toxic and allergic reactions, sick, sterile and dead livestock, and damage to virtually every organ studied in lab animals." Yet, the US Food & Drug Administration has never required any safety studies or labeling of products that contain GMOs. Companies can use GMOs in their products without notifying anyone of their use.

Why choose to eat organic? I think the question has been answered. It's more than the trending thing to do. It's a way to not only avoid the chemicals and highly processed, toxic preservatives and additives used in conventional foods, but also a way to avoid consuming Genetically Modified Organisms and the risks that come with that.

After reading this some may find they are a little discouraged and possibly disturbed by what is in their pantry and fridge right now. My purpose in answering the "Why organic?" question is not to frighten consumers into purchasing organic food. (Because, let's be honest, putting a box of organic cookies into your cart isn't much healthier, but I'll save that discussion for another time.) It is to make people aware of what's happening within the food industries that fill our grocery shelves.

With all of the information we are learning about the way our food is made, it's easy to become overwhelmed, scared, obsessed, and discouraged by the food options available to us and the difficulty of navigating through the maze of what's healthy and what's not. Don't ever minimize your efforts to work toward a healthier diet. Try to make the healthiest choice possible. Grab an apple rather than a bag of chips or a candy bar, even if it isn't organic, because it's the healthiest choice you can make at that moment.

You have to start somewhere, and in the mess that our food industry has created, becoming more educated about your food choices is the best strategy you can use to live a healthier life. Choosing to incorporate organic foods into your diet is one way to do just that.

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Kindle the Christmas Spirit in Steubenville

By Judith Bratten

What is the best part of the Christmas holidays for you? Is it the excitement of giving and getting gifts? Is it the wonderful flavors of foods and beverages of the season? Is it the bright lights illuminating homes and streetscapes? Is it the delightful memories that the music, carols, and choruses of this special time recall for you? Or is it the general atmosphere of goodwill and hope?

All of these and more have made the holiday season an especially joyful time in Steubenville, Ohio, where Nutcrackers, model trains, StoryWalks, and glorious lights have made visiting the town a new holiday tradition.

Beginning the Friday after Thanksgiving, the historic downtown is transformed into the Steubenville Nutcracker Village, with over 180 life-sized Nutcrackers who inhabit the sidewalks, parks, and storefronts. Each unique Nutcracker, designed and produced by the local artisans at Nelson's of Steubenville, depicts a character from history, literature, music, popular culture, or profession. Meet Rosie the Riveter, Jack Frost, and all the Rat Pack personalities while taking memorable selfies to send home. The Village sponsors a Children's Corner, a WeinGarten, a Lantern Parade, a StoryWalk, and other events over five weeks.

To add to the celebration, on four weekend evenings there will be a light and music show on the Jefferson County Courthouse. Historic churches and buildings in town will light up for the season and offer special tours and concerts.

Historic Fort Steuben hosts Christmas at the Fort, with colorful walkways of light, music, Nutcrackers, and fairy tale figures leading up to the spectacular 32-foot Christmas Tree in Fort Steuben Park. The Advent Market, open on Fridays, Saturdays, and Sundays from November 26 to December 19, features decorated booths with vendors selling crafts, food, and Nutcracker souvenirs and choral groups filling the air with song.

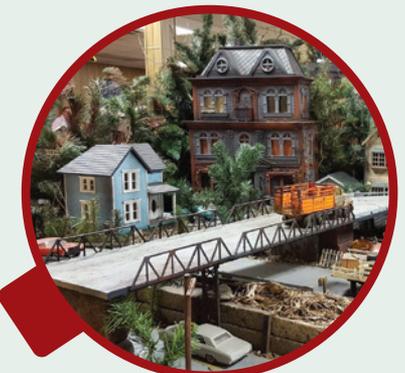
The Holly Trolley carries passengers around the town to see the splendid churches and some of the 25 murals for which the city is famous. The reconstructed Fort Steuben is open for tours and the Christmas Shop in the Fort Steuben Visitor Center carries a variety of gifts, books, and mementoes of your visit.

The Model Railroad Display, located just a few blocks from the center of town, will be open on weekends presenting a massive, detailed exhibit of an industrial Ohio Valley landscape including bridges, factories, creeks, buildings, and mountains -- finely detailed down to the junk in the railyards -- with O-Gauge model trains clickety-clacking through it all.

For those who enjoy winter hikes, Beatty Park has trails through this historic nature preserve. A Christmas at the Park event on December 4 will include a Nativity, community choir, holiday hikes/rides to the old holiday-decorated stone lodge, campfires, and a blacksmith who will be sharing pioneer and historical stories. Earlier that day, the annual Eastern Gateway Community College Sights and Sounds of Christmas Parade will bring floats, marching bands, classic cars, and dance troupes down Fourth Street.

North Fourth Street is the place for shopping for gifts and souvenirs at Drosselmeyer's Nutcracker Shoppe, locally roasted coffee at Leonardo's Coffeehouse, treats from Steubenville Popcorn Company, new and used books from BookMarx, and specialty items from The Prodigal Daughter.

Are you ready to kindle the Christmas spirit? Go to www.VisitSteubenville.com for more information on schedules, lodging, and dining options during this magical time of year.



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Gifts for the **RUNNERS** on Your List

By Breanne Bakan



Here come the holidays! Whether you're just getting your shopping started or finishing up your last-minute gifts, we have some great recommendations for you. If you've got an avid runner or walker in your life, our gift suggestions are guaranteed to bring a smile to their face. Check out the items below to make sure you get everything on their list.

Massage Gun

If you're not familiar with these, just think of them as the perfect recovery tool. Great for when you've got tight, sore muscles, these handheld devices offer deep muscle treatment in the comfort of your own home. Simply press the trigger and hold the head against the afflicted area, the rapidly firing massager does the rest of the work for you. Many of these come in multiple sizes and with interchangeable heads so you can get the perfect massage every time.





Gift Card for a Real Massage

Looking for something simpler but with just as much thought? Get them a gift card for a massage from a real professional. The perfect gift for anyone with tight muscles.

Foam Roller

Not looking to spend so much for a massage gun or masseuse? You can still give them the gift of recovery at a fraction of the price. A foam roller requires a bit more action by the user, but the end result is the same. A deep massage that promotes blood flow and aids in the recovery of sore and aching muscles.



Tall Socks

If you're running outside in the winter the last thing you want is slush and snow splashing your exposed skin. Give the gift of warm ankles this winter and get the runner in your life some tall socks. Our recommendation is Feetures Merino Wool socks. Feetures have a lifetime guarantee and the merino wool option locks in heat for optimal coziness.

GORE-TEX or Water-Resistant Shoes

The only thing worse than wet ankles is wet toes. Help someone keep their feet dry and warm this winter with a water-resistant running shoe. GORE-TEX is a popular option that effectively blocks out moisture to keep your feet from getting cold and soggy.

Resistance Bands

One of the best ways to prevent injury is by building strength. Help a runner stay healthy this winter and get them some resistance bands. These are ideal for building strength in the hips and glutes. This is especially important in the winter where you may be running on the ice and snow (and using those stabilizing muscles).

Free Weights

Who needs a gym membership anyway? Buy someone you love free weights or kettlebells so they can skip the New Year's resolution gym craze and get their workout in at home.

Running Belt

If you've got someone who likes to run with their phone, keys, and nutrition, then you've got someone who needs a running belt. Many of these are specifically designed to hold everything you need on a run while not bouncing around or slipping down.

Recovery Sandals

It might not be sandal weather, but don't let that stop you from gifting some recovery sandals. These are perfect for wearing around the house and give excellent cushion and support. We recommend the Hoka or OOFOS sandals as perfect options to pamper your feet.

Gift Card to Second Sole

Still not sure what to get them? Let them get it themselves with a gift card to Second Sole. With eight convenient locations and an excellent selection of shoes, apparel, and accessories, we are guaranteed to have something for the active-minded individual in your life.



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Hayes Home Holidays

Spirits of Christmas

By David Thornbury



'Twas the night before Christmas and all through the White House not a creature was stirring except President Rutherford B. Hayes who had just settled in for a long Winters diary entry?? It's true, President Hayes kept a diary from age 12 through his death at age 70, and from it we learn how he and First Lady Lucy Hayes celebrated Christmases though his detailed entries about how they spent time during this magical time of year. Hayes even wrote letters during the holiday season to his uncle describing how he spent Christmases in the White House. The staff of the Rutherford B. Hayes Presidential Library and Museums in Fremont, Ohio have carefully read these diary entries and letters, and from this they have created the Hayes Home Holidays Spirits of Christmas experiences.

Visitors can step back in time to experience the magic and supernatural side of Christmas from December 18-23 with beloved Christmas stories, including "A Christmas Carol" by Charles Dickens, during an evening tour of parts of the historic Hayes Home. Dickens, one of the most popular writers of the Victorian era, was a favorite author of President Hayes and lived at the same time as Hayes.

Hear Dickens' beloved stories in Hayes' Victorian mansion, which will be lightly decorated for Christmas. The Victorian people believed Christmas was a time when the portal to another world was opened, which made the holiday popular for telling ghost stories. Many of Dickens' works, including Christmas stories, feature the supernatural.

Enjoy the warmth of the Hayes Home at night, a time when it is not often open to visitors and while it is decorated for the holiday. You will hear stories that will tingle your spine but leave you with a warm feeling. A cup of wassail, a traditional holiday drink during Victorian times, will also put you in the Christmas spirit. Daily tours are offered at 5:30, 6:00, 6:30, 7:00, 7:30 and 8:00 pm. If those slots sell out, additional tours will be added. Tickets for Hayes Presidential members are \$15 for adults 19 and older, \$8 for ages 6-18 and free for kids 5 and younger. Non-member tickets are \$18 for adults ages 19 and older, \$10 for kids 6-18 and free for kids 5 and younger. Advance tickets are recommended and can be purchased at rbhayes.org.

For those of you who prefer a more hands-on experience, you can dash through the snow at the wooded Hayes estate in a horse-drawn sleigh from December 26-31. Choose from rides through Spiegel Grove in a sleigh that can fit four people or gather a group and load up the trolley that can fit 16-18. The rides are a nostalgic trip through the beautiful, wooded estate, past the historic Victorian Hayes Home and down Lover's Lane, a favorite pine-tree-lined spot on the grounds. They are offered from 1:00 to 4:00 pm, with the last ride leaving at 3:45 pm. Tickets for the sleigh are \$5.50 per rider ages 3 and older and free for ages 2 and younger. Trolley tickets are \$4.50 for ages 3 and older and free for ages 2 and younger. Tickets can be purchased here-coming soon. They will also be sold at the front desk the days of the event, pending availability.

There is also a fantastic Holiday Model Train exhibit in the Museum and we encourage everyone to set aside some extra time for touring the museum while visiting for these holiday traditions.

Ready for a visit? Find out more about the Rutherford B. Hayes Presidential Library and Museums at rbhayes.org. For information about events in Sandusky County, call 800-255-8070 or visit the website sanduskycounty.org.



Hayes Home Holidays "Spirits of Christmas"



Step back-in-time to experience the magic and supernatural side of Christmas from December 18th through the 23rd with beloved Christmas stories, including "A Christmas Carol," by Charles Dickens during an evening tour of parts of the historic Hayes Home. For a schedule of tours and events, visit: rbhayes.org

Rutherford B. Hayes Presidential Library & Museums www.rbhayes.org

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A Return to Traditions

By Laura Strader

The Canton Palace Theatre is looking forward to a return to traditions this holiday season. One of the best ways to get excited for the holidays is by revisiting beloved pastimes with family and friends, and with the programming set for November and December there's something for everyone. We hope that you'll join us to carry on old traditions or make new ones.

The Wizards of Winter will be returning to the Canton Palace Theatre stage to present their holiday rock opera on Saturday, December 4 at 7:30 pm. The group features musicians from bands including The Trans-Siberian Orchestra, Rainbow, Alice Cooper, Ted Nugent Band, and The Irish Tenors, along with Broadway and Theater veterans. The show also serves as a celebration of the theatre's 95th Anniversary on November 22.

The show entitled "The Christmas Dream" is fit for all ages and will entertain the whole family. According to founding member Scott Kelly, "We take the audience on a musical journey inside a snow globe aboard a metaphysical vehicle, the Arctic Flyer, in search of the meaning of Christmas. Some parts of the story are happy, some are melancholy; our music encompasses the vast range of feelings people experience during the holiday season. It is an emotional roller coaster ride, told throughout original compositions which range from ballads to prog-metal. There is something in the show for everyone in the family." Tickets for this show are available now by contacting the Canton Palace Theatre Box Office.



It just wouldn't feel like the holidays without Christmas movies, and with the 2021 Holiday Movie Series you can catch your favorites on Canton's largest screen. See classics like "A Christmas Story" and "The Polar Express" the way they were intended to be viewed and grab some delicious treats from the concession stand for the ultimate movie experience. Sure, you could watch movies from the comfort of your own couch, but haven't we all had enough of that in the last year and a half? Make plans to take the whole family, and don't forget to look up to see the "stars." The full schedule of films will be announced soon, so stay tuned to cantonpalacetheatre.org and the theatre's social media channels for updates.



Whether you don your holiday best, an ugly Christmas sweater, or even your pjs (especially for "The Polar Express"), we hope that you'll join us at the Canton Palace Theatre this holiday season.

Picture this: A blanket of fresh snow covers the ground. You look out at the waters of Lake Erie holding a mug of hot chocolate, content from a day of snowshoeing and visiting wineries. You think about your plans for the next day – maybe reading a book by the four-story fireplace before your afternoon wine tour. You take a deep breath, inhaling the peacefulness and exhaling anything that isn't right here, right now.

The Winter Getaway You Didn't Know You Needed

At The Lodge at Geneva-on-the-Lake, winter is just as magical as any other season, possibly even more so. Within an hour's drive of Cleveland, the lakeside town of Geneva-on-the-Lake, Ohio is a winter destination you just must experience. Whether you're looking to relax and unwind on a wine tour, cross-country ski through Geneva State Park or take a swim in The Lodge's heated indoor pool, there's truly something for everyone.

While the town's popular hangout, The Strip, isn't as bustling in the winter as it is during other seasons, many businesses are open year-round, including delicious dining options, wineries, breweries and shops. With picturesque accommodations steps from our wine shuttle and minutes from snow activities, The Lodge at Geneva-on-the-Lake is your headquarters for an unforgettable winter trip.

Are you an adventurer, no matter what the season? At Geneva-on-the-Lake, you can snowshoe or go cross-country skiing down a lakeside trail in Geneva State Park, build a snowman or make snow angels. If you're more of the "admire the outside from the inside" type, you have just as many options. Our heated indoor pool is a favorite during chilly weather, as is our crackling four-story fireplace and Horizons Restaurant.

Other winter adventures could include a trip to Old Firehouse Winery for their famous warm mulled wine; going on a bourbon tour at Red Eagle Distillery; exploring Ashtabula Harbor; or visiting one of the many holiday celebrations that Geneva-on-the-Lake offers.

Looking to explore Ohio Wine Country, but not looking forward to navigating (possibly) snowy roads? Let our wine shuttles do the driving. Delicious tastings at more than 20 wineries are just a ride away. Our wine shuttles run daily year-round, offering you a lively and fun, guided

introduction to all that the wineries have to offer.

Guests can choose from three afternoon times Sunday through Thursday and five times on Fridays and Saturdays. The three winery stops for each tour are at the discretion of the shuttle driver and based on availability at the wineries.



If you're looking for an educational tour that goes even deeper, join our Immersion Tours on Saturday and Sunday, hosted by our certified wine specialist. You'll visit three wineries and enjoy a personalized, up-close experience. Plus, you'll receive a gift bag with local chocolate and a keepsake wine glass.

The Deluxe Wine Shuttle departs from the circle drive just outside the lobby doors of The Lodge; it couldn't be any easier to explore Ohio Wine Country. The shuttle visits the following wineries: Laurentia Vineyard & Winery, Laurello Vineyards, Hundley Cellars, The Winery at Spring Hill, Chalet Debonné Vineyards, Ferrante Winery, Grand River Cellars, Harpersfield Vineyard, South River Vineyard, Kosicek Winery and M Cellars.

A free wine club? Sign us up! The Lodge at Geneva-on-the-Lake's non-traditional wine appreciation club, CRUSH Wine Club, is free to join with lots of amazing perks. Just for signing up, you'll receive one complimentary Ohio Wine Flight wine tasting tray during your next stay at The Lodge. You'll also get deals and discounts from The Lodge, nearby wineries and local partners. Plus, recipes and culinary tips, tasting and pairing event information and local winery activities and news.



At The Lodge at Geneva-on-the-Lake you can choose from rooms and suites at The Lodge, or a private lakeside cottage to share with your family and friends. Both accommodations offer all the amenities you could ever need on your Lake Erie vacation.

The Lodge offers 109 rooms and suites in a variety of configurations, with great views. If you want to be as close to the lake as possible, the spacious 600-square-foot lakeside cottages are ideal for you. The cottages have

two bedrooms, a kitchenette and panoramic views from the living room picture window. Guests can choose from a premium cottage, deluxe cottage or standard cottage – each defined primarily by their location across three lakeside acres.

Whatever winter getaway you're envisioning, The Lodge at Geneva-on-the-Lake is the perfect location. For room reservations, cottage reservations and more information, visit TheLodgeAtGeneva.com.



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History, Beauty and Fun

By Sarah Cale

West Virginia, home to rolling hills, beautiful landscapes, and many fun attractions that will make your Winter a blast. The Top of West Virginia Convention and Visitors Bureau has you covered in the Hancock, and Brooke County areas. The Northern Panhandle may look small, but it is packed full of history, beauty, and fun. All of this is not far away either, being just located off Route 22 from Pittsburgh, and just across the river from Steubenville, Ohio.

Visit Brooke Hills Park or Tomlinson Run State Park to see the breathtaking sight of the trees changing color for Fall. Looking for some Winter activities for the family? The City of Weirton will be hosting Christmas on Main Street with food, vendors, a train ride, fireworks, and more on November 20. They will also be having a Christmas parade on Saturday, November 27 on Main Street.

Take a long weekend to stay at Mountaineer Racetrack, Casino, & Resort located in New Cumberland. Stay in one of their spacious rooms and splurge on a spa day with a massage. End your night at one of the 1,000 slot machines, or gaming tables including Blackjack, Craps or Roulette. Just down the road from Mountaineer is the Fiesta Tableware

Company in Newell. Pick from the many colorful pieces of Fiesta ware place settings and take home several new pieces to complete your set. You cannot miss the World's Largest Teapot in Chester, either.

Visit Weirton for a relaxing weekend of history, culture, and fun. Weirton's Hall of Fame and the John F. Kennedy memorial are located in the Weirton Room of the Millsop Community Center. If you are a veteran, the Brooke-Hancock County Veteran's Memorial can be viewed as you drive into downtown Weirton with tanks, planes, ship anchors and several memorials. Stop in the Weirton Area Museum and Cultural Center for a nostalgic trip through Weirton's history. View or buy some incredible art at the Summit Art Gallery in Weirton located in the Top of West Virginia CVB.

Williams Country Club offers an elegant evening overlooking the majestic Ohio River. Stop by DeeJay's BBQ Ribs and Grille for their legendary homemade ribs that are known from great distances. Finish your evening with a comfortable stay at the beautiful Fairfield Inn &

Suites by Marriott with their indoor pool or the Holiday Inn, just down the road on Three Springs Drive.

If you love the simpler life, book your weekend at the historic Sarah Miller House in the town of Wellsburg at 900 Main Street. This 1840 Bed & Breakfast is listed on the National Historic Register featuring 8 large rooms with ornate fireplaces. Or if you really want an immersive experience, you can book a room at the Barn with Inn Bed & Breakfast located at 4859 Bealls Ridge at a farm just outside of town. Both locations will transfer you to a simpler time.

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Winery



Searching for something new to do over the holidays? We suggest a trip to Hocking Hills Winery. Located at 30402 Freeman Road in Logan, Ohio, you can have a wine tasting and order one of their many charcuterie boards or snacks to accompany it. They have live music from 6 to 9 pm on Friday and Saturday. Check the website hockinghillswinery.com to see who is performing.

Here are some of the newest wines offered at Hocking Hills Winery:

Pinot Grigio--A crisp refreshing wine, harvested in 2020 from the Pacific Northwest coast. Offering flavors of pear and melon, it pairs well with seafood and pastas with white sauce. **Malbec**--This wine features aromas of coca powder, leather, and pomegranate leading the way to flavors of black pepper, green coffee beans, raspberry, black cherry, and a raisin finish. **Lake Hope Rosé**--A unique blend of grapes all grown in vineyards throughout Ohio. Lake Hope Rosé offers aromas of rose petals with flavors of ripe berries and ruby grapefruit.

To add a little spice to your holiday cooking, check out this recipe for **Shrimp Etouffee** from Hocking Hills Winery CEO, Blaine Davidson. It is one of his family's favorites and pairs perfectly with Pinot Grigio.

Ingredients:

- 1 cup unsalted butter + 1 Tbsp
- 2 cups diced yellow onion
- 1 cup diced green bell pepper
- 1 cup diced celery
- 1 Tbsp minced garlic
- 1/4 cup unbleached all-purpose flour
- 2 1/2 cups seafood stock
- 2 Tbsp tomato paste
- 1 Tbsp lemon juice
- 2 pounds raw small shrimp, peeled and deveined
- 1 tsp cayenne pepper
- Salt and freshly ground black pepper
- Dash of hot sauce
- 1/4 cup chopped fresh flat-leaf parsley
- 1 cup diced green onion tops
- 6 cups cooked long grain rice

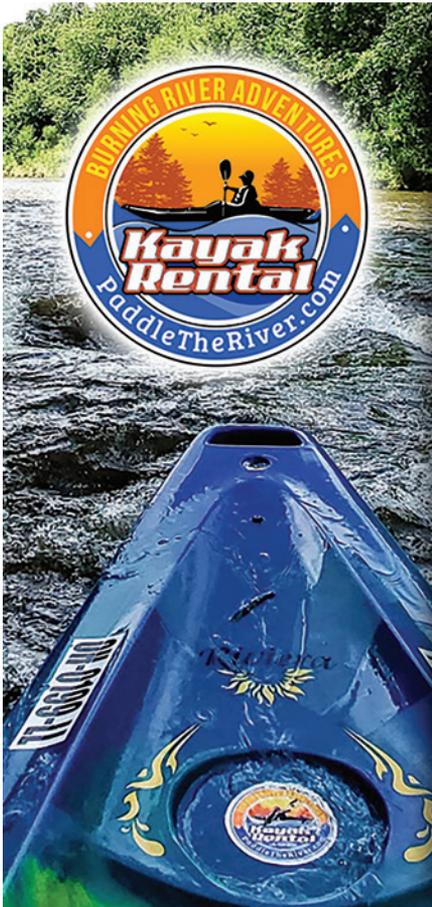
In a large cast-iron pot or skillet over medium-high heat, melt 2 sticks of butter. Add the onions, bell pepper and celery and sauté until the onions turn translucent, about 5 minutes. Add the garlic, lower the heat to simmer, and stir to combine. Sprinkle the flour over the mixture, stir to incorporate, and cook the flour until it turns light brown, about 10 minutes. Add the seafood stock, tomato paste, and lemon juice and stir until it is a stew-like thickness.



Directions:

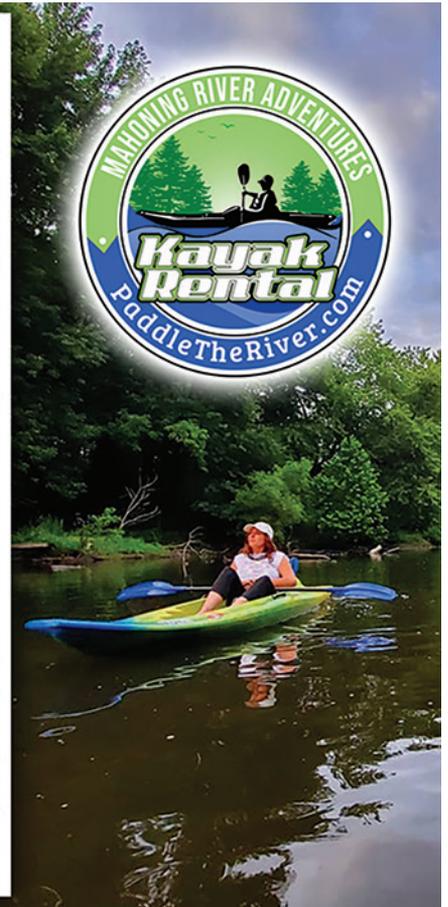
Add the shrimp; stir the mixture to combine. Simmer the shrimp in the pot for 15 minutes. Add the cayenne and season to taste with salt, pepper, and hot sauce. As a final touch, stir in the remaining 1 Tbsp of butter, along with the chopped parsley and green onions. Bring the etouffee back to a simmer and turn off the heat.

Serve in shallow bowls by ladling the etouffee over a mound of white rice. Serve with French bread and extra hot sauce.



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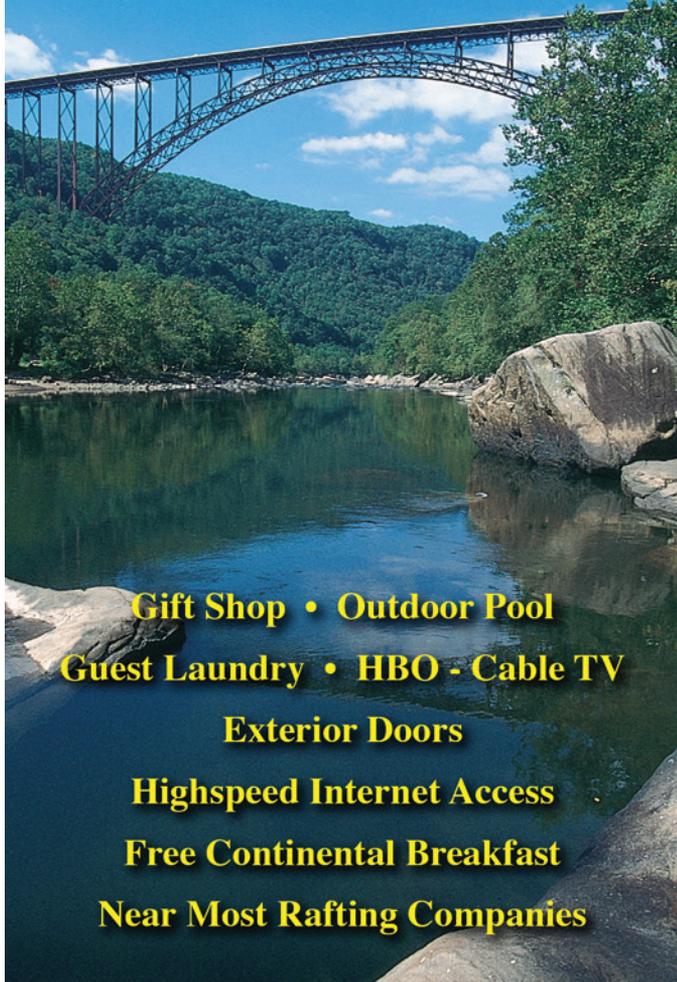
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Adventures in Amish Country

By Vicki VanNatta

At the time of this writing, COVID cases are on the rise and the Delta variant is lurking about. By the time you read this, hopefully we are able to be out and about, freely enjoying all the wonderful experiences that have become part of our holiday season.

For some of us, the family traditions of our childhood have fallen away, replaced by new traditions introduced by the next generation. We all know life is constantly changing, bringing new ideas we embrace and enjoy; but there are times changes in life call for difficult adjustments. No matter where you find yourself in life, the holidays are coming whether sweet or bittersweet. Here are some ideas for embracing and enjoying the inevitable.

If you are looking for holiday adventures close to home, a place with a long history in the memory-making department, Ohio's Amish Country will fill your cup 'til it overflows.

For inspirational entertainment, the Ohio Star Theater in Sugarcreek has an amazing lineup this season. Tickets are available at www.ohiostartheater.com. *The Christmas Tree Ship* is the current musical on the Ohio Star Theater stage, playing November 9 through December 31. This musical is inspired by the true story of the Schuenemann family, known for bringing Christmas trees to Chicago in the early 1900's. Despite the cold, wintry weather, they loaded their ship with trees from Michigan's Upper Peninsula and set sail across the lake. This is a story you won't soon forget.

Live holiday concerts often become traditions, creating memories in moments shared together despite

the cold and snow swirling outside. The concert lineup at Ohio Star Theater includes *Christmas with The Nelsons* (sons of Ricky Nelson), a *Booth Brothers Christmas Concert*, *Steve Green*, and special shows by *Doug Church's Salute to the Stars Country Christmas* featuring tributes to Dolly, Kenny, and Elvis. Rounding out the holiday concert schedule is *The Prophecy Show: A Trans-Siberian Orchestra Tribute*. This amazing show will surprise and delight all ages.

If you have time for an overnight visit, Carlisle Inn Sugarcreek is located just steps away from Ohio Star Theater, plus Dutch Valley Restaurant and Bakery, Dutch Valley Gifts, and Dutch Valley Market are all on the campus. Arrive. Park your car. Enjoy.

The Carlisle Inn won't let you get lazy. There is a pool and a fitness room. No excuses for eating too much and exercising too little. The beautiful all-season pool and hot tub enclosed behind glass walls will let you sit by the pool, in the pool or in the hot tub as you watch the snow pile up outside. It's warm as wool by the pool.

It's been a long time since things felt normal. Maybe it's time to plan something to celebrate. Celebrate the holidays. Simply celebrate living.

The Dutch Valley campus is just seven miles west of I-77 at exit 83 in Dover and you'll find delicious food, a bakery and café, boutique shopping (with free gift wrapping), a market, a theater, and a spacious, comfortable inn. The welcome mat is always out. Check the websites www.carlisleinns.com and www.ohiostartheater.com for more information.

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Memories of Christmas Past

Returns to Arms Family Museum

By Dave Ragan

Mahoning Valley Historical Society (MVHS) will open the **13th Memories of Christmas Past** exhibit at Arms Family Museum, 648 Wick Avenue, Youngstown, Ohio on Saturday, November 20, 2021, and it will run through Friday, December 31, 2021. The popular annual yuletide exhibit was cancelled in 2020, and many past visitors are very eager to see what this upcoming holiday season's display will bring.

This former Arts & Crafts-style residence of Wilford P. and Olive F. A. Arms was built in 1905 and is nicknamed "Greystone" because of its exterior cladding. The main floor's seven period rooms will feature festive vintage decorations and traditions from the 1900–1930s, inspired by how Olive Arms might have decorated her home in that early 20th century era.

Anthony Worrellia, *Memories of Christmas Past* designer since its inception and avid vintage Christmas collector, began planning the exhibit and searched for period holiday artifacts throughout the past year. The exhibit will again be complimented by a gift shop experience of both new and vintage holiday merchandise.

The Hands-On-History Room on the museum's lower level will once again be transformed into a Christmas-themed experience for visitors of all ages. Its family-friendly décor will have areas for "sELFies," viewing of holiday videos, and festive crafts and activities to take home.

Holiday hours for *Memories of Christmas Past* are Tuesday–Sunday, Noon–4 pm. It will also be open during evenings on *Twilight Thursdays* from 4–7 pm.

Extra open hours will be on Monday, December 27, 2021 from Noon–4 pm, and on its final day of the season, Friday, December 31, 2021 from Noon–7 pm. The museum will be closed on all other Mondays, Thanksgiving Day, Christmas Eve, Christmas Day, and New Year's Day.

All holiday season details, including admissions fees and health safety policies, will be added to the MVHS website at <https://mahoninghistory.org/mcp/>.



The Arms Family Museum is transformed into a magical display of vintage holiday decorations. Don't miss it!

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